

SEPTEMBER 2020

Hamburg Community School District

Egg Taco & Fruit

Monday

Breakfast Pizza & Fruit

Tuesday

Pancakes & Fruit

Wednesday

Biscuits & Gravy, Fruit

Thursday

Cereal, Toast, & Fruit

Friday

Sloppy Joe on
WG Bun **1**
Baked Beans
Broccoli
Orange Slices

Spaghetti with **2**
Meat Sauce
Garlic Toast
Spinach and Garden Salad
Banana

Hot Dog on WG Bun **3**
Tri Taters
Steamed Carrots
Apples

Quesadilla **4**
Romaine Salad
Fresh Veggies
Pears

NO SCHOOL **7**
LABOR DAY

Chicken Sandwich **8**
Peas
Tater Stars
Baby Carrots
Apples

Country Fried Steak **9**
Mashed Potatoes & Gravy
Corn
WG Roll
Banana

Beef Ravioli in **10**
Red Sauce
Garlic Bread
Garden Salad
Green Beans
Pears

Personal Pizza **11**
Romaine & Spinach
Fresh Broccoli
Applesauce

Mr. Rib on WG bun **14**
Waffle Fries
Carrots & Celery
Peaches

Chicken & Noodles **15**
Over Mashed Potatoes
Seasoned Corn
Hot Roll
Banana

Tenderloin Sandwich **16**
Baked Chips
Fresh Broccoli
Fresh Grapes

Taco Salad **17**
Refried Beans
Chips & Salsa
Cinnamon Bread
Apple Slices

Chicken Nuggets **18**
Oven Fries
Assorted Fresh Veggies
Peach Cups

Calzone **21**
Garden Salad
Steamed Broccoli
Apples

Chicken Strips **22**
Savory Carrots
Tater Stars
Hot Roll
Blueberries

Goulash **23**
Green Beans
Romaine & Spinach Salad
Garlic Bread
Banana

Grilled Ham & **24**
Cheese Sandwich
Oven Roasted Potatoes
Baby Carrots
Cookie
Strawberries

Corn Dog **25**
Tri Taters
Fresh Veggies
Applesauce

Lasagna Rollups **28**
Romaine & Spinach Salad
Peas
Orange Slices

Mandarin Orange **29**
Chicken
Steamed Asian Veggies
Brown Rice
Mixed Fruit

Meat Nachos **30**
Lettuce & Tomatoes
Refried Beans
Salsa
Banana

Milk and Juice are served with breakfast. Milk is served with lunch.

